

IF YOU HAVE BEEN IMPACTED BY
THE FINANCIAL DOWNTURN,
THESE PROGRAMS ARE FOR
YOU! BY OFFERING THEM, MY
GOAL IS TO HELP YOU TAP INTO
YOUR WELLSPRING OF LOVE &
JOY SO YOU CAN FEEL THE LOVE &
ENJOY THAT YOU ARE AGAIN,
REGARDLESS OF
CIRCUMSTANCE" -Wendy

Wendy Treynor, Ph.D.



I CAN HEAL

FREE PROGRAMS FOR THE COMMUNITY

JAN-MAY 2012

All Programs are at Healing Consulting, 107 W. Torrance Blvd, Suite 100, Redondo Beach, CA

THESE PROGRAMS ARE MADE POSSIBLE BY THE GENEROSITY OF OUR CHAIR DONORS & LANDLORD BILL KETCHAM.

I CAN HEAL™ Meditation Tuesdays:

Dates: Every Tuesday except March 20 & 27th!

10:00-11:00 am Tuesdays!

I CAN HEAL™ One-on-One Consulting Sessions: Donation-Basis

(Please sign-up in advance!)

Dates: Every Tuesday except March 20 & 27th!

1:00- 3:00 pm Tuesdays!

I CAN HEAL™ Seminar Series on Happiness & Companion Seminars on Happiness

Dates:

2:00—3:30 pm Fridays!

2/10 On the Nature of Love

2/24 I CAN HEAL™ Seminar Series on Happiness PART I: A Treasure Map to Happiness

3/9 I CAN HEAL™ Seminar Series on Happiness PART II: Don't Believe Everything You Think:
Ten Illusions that Prevent us from Finding True Happiness

3/30 I CAN HEAL™ Seminar Series on Happiness PART III: Why People Can Be Happy Making
You Unhappy & How You Can Be Happy

4/13 I CAN HEAL™ Seminar Series on Happiness PART IV: Everyday Sacred: Society, Spirituality, & the Self

4/27 Turn an Ordinary Life into an Extraordinary Life

5/11 The Pillars of Happiness PART I: Wisdom & Practical Tips to Support Your Happiness

5/25 The Pillars of Happiness PART II: Wisdom & Practical Tips to Support Your Happiness

WE REQUEST THAT EVERYONE PARK ON LEVELS 1 & 2 OF THE REDONDO PIER PARKING LOT AND TAKE THE
CENTRAL ELEVATOR UP TO LEVEL 3. PARKING IS FREE WITH VALIDATION!

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JAN-MAY 2012

I CAN HEAL™ Love Readings Workshop from Stories, the Sacred, Poetic, & Philosophical Traditions

Dates: 2:00—3:30 pm Wednesdays!

2/8 Readings from "The Nightingale & the Rose" by Oscar Wilde

2/22 Readings from "The Velveteen Rabbit" by Margery Williams

3/7 Readings from "The Little Prince" by Antoine de Saint-Exupery

4/11 Readings from Sacred Texts (We'll read what you submit. Submissions from all traditions
Welcome; however, please provide at least three weeks in advance for inclusion.)

4/25 Readings from Rumi's Love Poems

5/9 Readings from Eckhart Tolle's "The Power of Now": Enlightened Relationships

5/23 Readings from Plato's "Symposium" & "The Apology"

I CAN HEAL™ Discourses

2:00-3:00pm Wednesdays!

Dates:

1/25 on Happiness (& Suffering)

2/1 on Freedom

2/15 on Love

2/29 on Beauty

3/14 on Life (& Death)

4/4 on Truth

4/18 on Goodness (& Evil)

5/2 on Soul

5/16 on Wisdom (& Enlightenment)